

Seeking Licensed Psychologist/Therapist or Pre-licensed Therapist in San Francisco, CA Hybrid Virtual/In-Person Position

<u>mindfulSF</u> is hiring a Licensed Psychologist, Licensed Therapist, or Pre-Licensed therapist to join our clinical team. We provide structured evidence-based mental health and wellness services (individual and group therapy using CBT, ERP, ACT, CFT, mindfulness-based frameworks, MBSR, and mindfulness trainings). We work with adolescents, adults, and families, and specialize in treating anxiety, OCD, panic, phobias, depression, trauma, and body focused repetitive behaviors.

The ideal candidate is either a licensed psychologist, MFT/LCSW/LPCC or is earning hours towards licensure. They are excited to join a team that provides services from an integrative, holistic and contextual behavioral framework. They also have training and experience offering evidence-based therapy (CBT, ACT, DBT, CFT), as well as a commitment to engage in ongoing learning. They have a collaborative and skills-based experiential approach to therapy and are excited to offer services that are grounded in diversity, inclusion, and equity. They are also interested in collaborating with other therapists, and are organized and timely with documentation and administrative duties. They have experience and an interest in working with diverse identities that include LGBTQ+ and BIPOC individuals.

Requirements:

- Licensed in California or BBS registered AMFT/APCC/AMSW.
- Previous training and experience in delivering evidence-based therapies such as CBT and ACT.
- A strong preference will be given to candidates who have training in Exposure and Response Prevention (ERP).
- Interest in working with both adolescents and adults.
- An already established or strong personal commitment to establishing a personal mindfulness and/or mindful self-compassion practice.
- Available to see a minimum of 10 (preference given to candidates willing to see 15+) clients per week with an interest in building caseload over time. Openness to see clients in person in San Francisco at least one day per week.
- Available to attend ongoing supervision and team meetings.
- Must be open to holding some evening and/or weekend hours.
- Comfort with using Google Workspace, and an online EHR system (SimplePractice).
- **Optional:** Opportunities to run/co-facilitate groups and offer workshops and presentations.

mindfulSF is a supportive and collaborative working environment. We are a team of clinicians who are dedicated to our work and committed to helping others make meaningful changes in their lives. Employment benefits include ongoing individual and group supervision/consultation, flexible scheduling, ongoing experiential learning/support, competitive compensation, community support and connection, and paid training/networking opportunities. The current position is hybrid with at least one day per week of seeing clients in person at our San Francisco office.

Please send a cover letter, CV, and three professional references to Sarah Carr at sarah@mindfulSF.com.

Address the following questions in your cover letter:

- What interests you about being part of a group therapy practice?
- What training and experience do you have providing evidence-based treatment to clients (Specifically ACT, CBT, Mindfulness)?
- What does it mean to you to be a culturally responsive therapist?
- What are your long-term professional goals?
- What days/times are you available to see clients at mindfulSF?